



Expanding Circles



Allies of CVT

CVT's Expanding Circles is a group of young professionals committed to supporting the important work of the Center for Victims of Torture (CVT). Expanding Circles brings people together to socialize and network while exploring and promoting CVT and human rights.

Expanding Circles has two purposes:

- To provide opportunities to learn more about CVT and human rights issues in casual, social settings
- To generate resources for CVT and CVT clients through outreach events and other development efforts to engage young people

Examples of activities:

- Food and supply drives to benefit CVT clients
- Hosting a 'Get to Know CVT' event
- Film screenings
- Promoting CVT fundraising and awareness efforts such as the annual Restoring Hope Breakfast and *Give to the Max Day*
- Volunteering at CVT events

Ways to get involved:

- Join the committee
- Sign up for the mailing list to be invited to meetings and events
- Spread the word and invite others to join you at Expanding Circles events

Why Join Expanding Circles?

- Connect with others who share your interests
- Inspire your friends to make a positive impact in our community
- Engage in creative teamwork to support the mission of CVT
- Have FUN! We provide enjoyable and creative opportunities to promote CVT.
- CHANGE a life. Resources raised by Expanding Circles have a direct impact on the lives of CVT clients.

"They told me, 'You'll be alone with this for the rest of your life. You'll die with this alone.' But when I heard about the Center for Victims of Torture, I knew the torturers had lied."—CVT Client



The
CENTER for
VICTIMS of
TORTURE
.....
Restoring the Dignity of
the Human Spirit

For more information about CVT go to:
www.cvt.org

For more information about Expanding
Circles please contact:

Steven Hall
shall@cvt.org
612.436.4820