

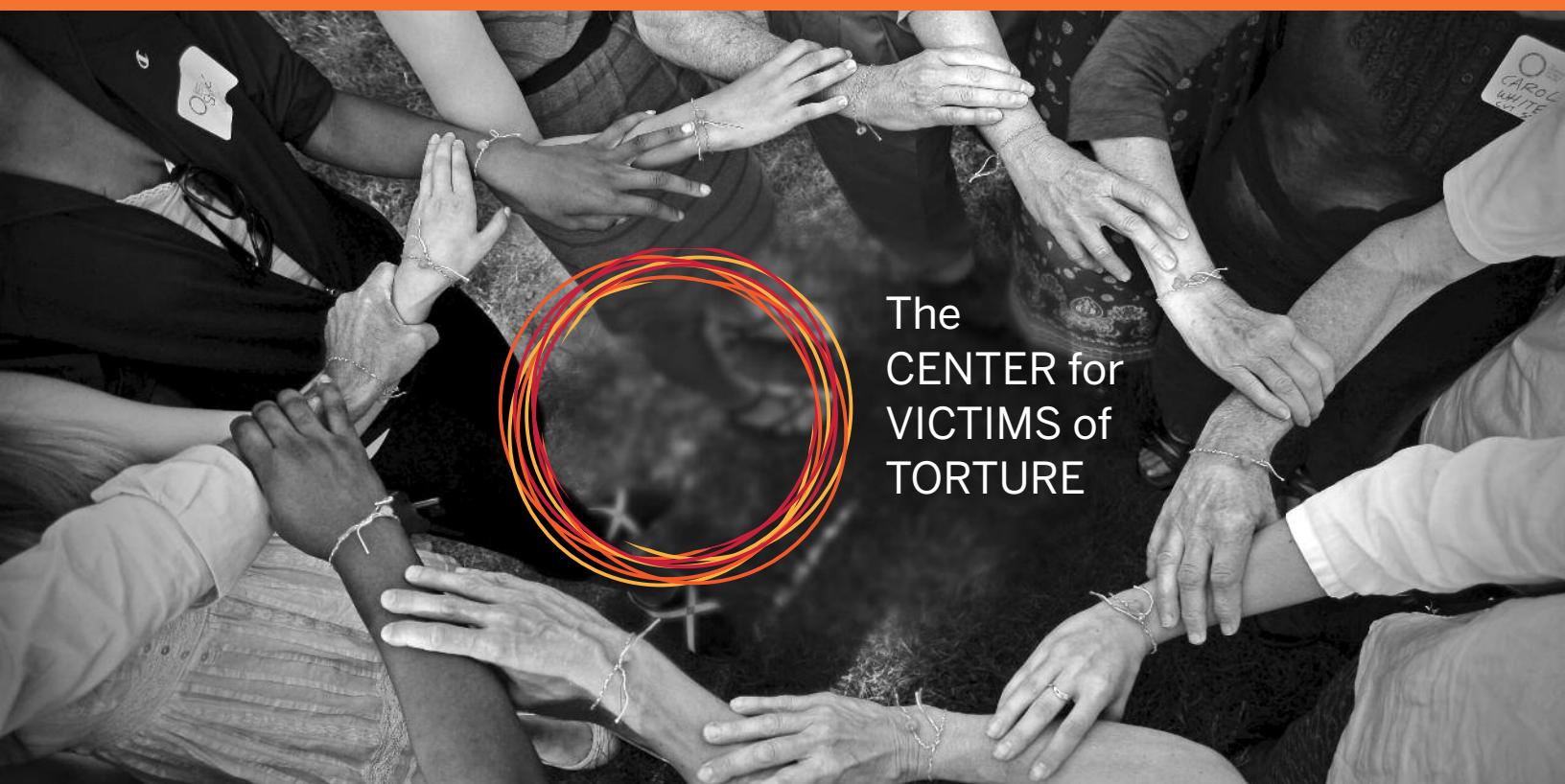


# 2012 ANNUAL REPORT

RESTORING THE DIGNITY OF THE HUMAN SPIRIT



The  
CENTER for  
VICTIMS of  
TORTURE





## LETTER FROM THE EXECUTIVE DIRECTOR

It is truly an honor to write this letter as the executive director of the Center for Victims of Torture. For many years, I admired CVT's work and I was privileged to join the organization in May 2012. I thank my predecessor, Doug Johnson, for building an organization filled with highly motivated, professional staff that bring hope and healing to thousands of people around the world.

### CURT GOERING

I'm pleased to share with you some of our many accomplishments from 2012. Here are just a few highlights:

- We helped 2,126 individual men, women and children in Kenya, Jordan, the Democratic Republic of Congo and the United States find the strength to heal from their deep wounds and rebuild their lives, and brought hope to thousands of additional family and community members.
- Through training projects domestically and internationally, we supported the education and development of hundreds of health, mental health and human services professionals from more than 45 other organizations that join us in the work of healing torture survivors.
- We partnered with human rights organizations in Egypt and Tunisia and supported them with training programs to help them be more effective in their human rights and democracy-building work.

Your support makes this life-changing work possible. I thank you for your dedication, generosity and compassion. Together, we will continue to bring healing and hope to thousands of survivors around the world—and work to bring an end to torture.

With my deepest appreciation,



Curt Goering



## OUR WORK ADVOCACY and OUTREACH

In 2012, CVT secured \$25 million in federal funding for torture survivor programs in the United States and around the world. This funding enabled CVT and colleague groups to rebuild the lives of more than 50,000 survivors at projects worldwide.

We presented the Eclipse Award to the United Nations Voluntary Fund for Victims of Torture for its extraordinary impact on torture survivor centers worldwide. CVT also sponsored a briefing on Capitol Hill with the bi-partisan Tom Lantos Human Rights Commission, highlighting the value of the UN Voluntary Fund.

We created and distributed *Torture Without Scars* resource materials that describe the harmful effects of so-called "enhanced interrogation techniques" and launched the *EIT=Torture* project to encourage policy makers and the media to stop using euphemisms for practices that constitute torture or cruel, inhuman and degrading treatment. ►



PHOTO © JAY PREMACK

Dr. Morad El-Shazly (center), with Curt Goering and U.S. Representative Keith Ellison, accepted the 2012 Eclipse Award on behalf of the UN Voluntary Fund. The UN Voluntary Fund was honored for its work funding torture rehabilitation programs internationally.

## ► Advocacy and Outreach

We urged the Senate Select Committee on Intelligence to adopt its report on the CIA's detention and interrogation program after September 11, 2001

and make the report public with as few redactions as possible. On December 13, 2012, the Committee voted to adopt the report and the classification review is pending.



## OUR WORK HEALING

### Minnesota

In 2012, we provided comprehensive rehabilitative care to 271 torture survivors, as well as information and referral services to more than 373 individuals. While 75 percent of our clients have left homes in Africa, we are seeing increasing numbers of torture survivors from South and Southeast Asia. To provide care to even more survivors, we secured funding to launch a partnership with a major health care provider to extend mental health and case management services to a group of Karen (Burmese) refugees in a primary care clinic. Through our initial work, we know that the Karen refugee population has a torture prevalence rate of 30 percent. Our research staff will evaluate the impact of this project for its ability to improve patient outcomes and reduce health care costs.

### Kenya

We continued our work in the world's largest refugee camps outside of Dadaab, Kenya. Twenty-four refugees and local counselors led 17 counseling groups last year. These local counselors go door-to-door in the camp to talk about CVT's work and identify the most severely traumatized people who then receive individual counseling. In 2012, we cared for 225 men and women living in Dadaab.

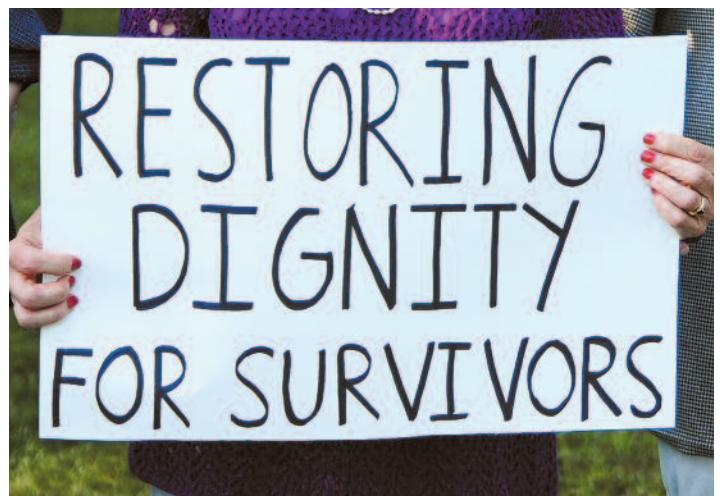
### Jordan

In Amman, Jordan, we cared for 938 torture and war trauma survivors at our base clinic in Amman and through our mobile unit that travels to a nearby

community. While continuing to provide care to Iraqi survivors, we are seeing increasing numbers of Syrians in urgent need of help. In addition to providing mental health and social services, our physical therapists are helping torture survivors reduce pain and improve mobility through both individual and group physical therapy sessions.

### The Democratic Republic of Congo

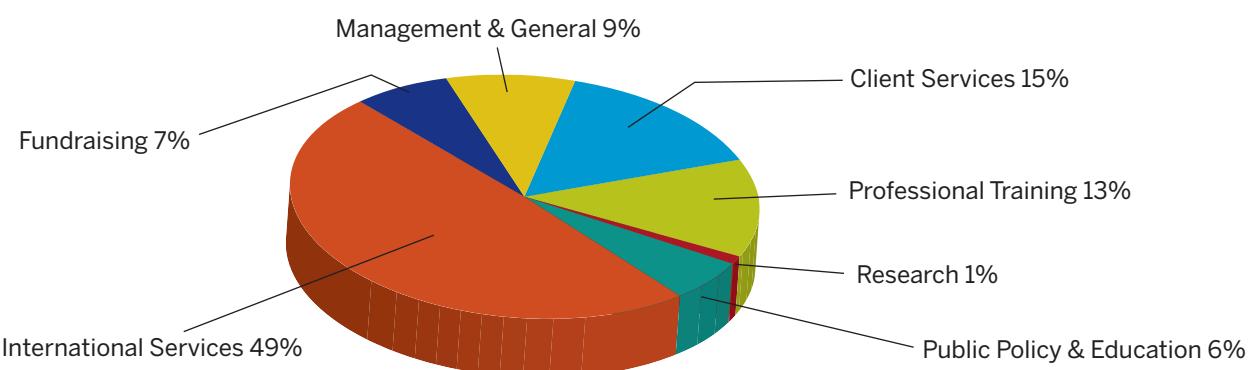
After five years, we closed our healing project in the Democratic Republic of Congo (DRC) when funding expired. During our time in the DRC, we helped 4,800 people rebuild their lives. We also connected with nearly 30,000 Congolese through community and group events to increase understanding about the effects of torture and how people can care for themselves and help others. The project's legacy includes 60 local counselors and psychology students who are now advocates, educators and trainers.



# THE CENTER FOR VICTIMS OF TORTURE STATEMENT OF ACTIVITIES

YEAR ENDED DECEMBER 31, 2012 AND 2011 (With Comparative Totals for 2011)

	UNRESTRICTED	TEMPORARILY RESTRICTED	PERMANENTLY RESTRICTED	TOTAL	2011
<b>SUPPORT AND REVENUE</b>					
<b>PUBLIC SUPPORT</b>					
Corporate	10,782	2,429	-	13,211	83,371
Foundation	309,005	1,119,454	-	1,428,459	2,218,658
Rebuilding Lives Campaign	311,554	-	-	311,554	250,528
Individual	1,284,879	68,000	20,000	1,372,879	1,343,378
Other institutions	102,284	12,000	-	114,284	108,569
U.N. Voluntary Fund	-	586,967	-	586,967	20,000
Return of unexpended funds	-	-	-	-	(40,542)
Change in value of split interest agreements	-	2,769	-	2,769	2,891
Net assets released from restrictions	1,270,301	(1,270,301)	-	-	-
Total public support	3,288,805	521,318	20,000	3,830,123	3,986,853
<b>REVENUE</b>					
Program service revenue	6,330,469	-	-	6,330,469	6,425,671
Third-party billings	529,437	-	-	529,437	516,183
Speaking fees	45,341	-	-	45,341	41,114
Investment return	5,800	-	-	5,800	3,136
Miscellaneous revenue	111,591	-	-	111,591	33,372
Total revenue	7,022,638	-	-	7,022,638	7,019,476
<b>Total Support and Revenue</b>	<b>\$10,311,443</b>	<b>\$521,318</b>	<b>\$20,000</b>	<b>\$10,852,761</b>	<b>\$11,006,329</b>
<b>EXPENSES</b>					
<b>PROGRAM SERVICES</b>					
Client services	1,557,009	-	-	1,557,009	1,562,034
Professional training	1,321,901	-	-	1,321,901	1,115,262
Research	74,014	-	-	74,014	42,416
Public policy/education	618,434	-	-	618,434	645,920
International services	5,103,452	-	-	5,103,452	4,972,186
Total program services	8,674,810	-	-	8,674,810	8,337,818
<b>SUPPORTING SERVICES</b>					
Fundraising	698,103	-	-	698,103	704,493
Management and general	989,845	-	-	989,845	939,758
Total supporting services	1,687,948	-	-	1,687,948	1,644,251
<b>Total Expenses</b>	<b>\$10,362,758</b>	<b>-</b>	<b>-</b>	<b>\$10,362,758</b>	<b>\$9,982,069</b>
Change in Net Assets	(51,315)	521,318	20,000	490,003	1,024,260
Net Assets, Beginning of Year	2,433,605	1,813,802	90,318	4,337,725	3,313,465
Net Assets, End of Year	\$2,382,290	\$2,335,120	\$110,318	\$4,827,728	\$4,337,725





## OUR WORK TRAINING

### Partners in Trauma Healing

Through the Partners in Trauma Healing (PATH) project, CVT supports the staff of ten torture rehabilitation centers around the world. The partner centers cover a geographic and cultural range from South Africa to Cambodia to Moldova. A five-day workshop brought together 18 participants from the partner centers to discuss clinical best practices that set the stage for healing. A new internet portal allows PATH participants to access videos, articles and other materials to share with their colleagues.

### Healing in Partnership

The Healing in Partnership (HIP) project brings together refugee community leaders and mainstream health providers so torture and war trauma survivors can receive the mental health care they urgently need. Through a partnership with the University of Minnesota and the Minnesota Department of Health, the project has launched a screening tool to promote early identification of mental health problems caused by torture and war. During 2012, we developed manuals for facilitators of psychoeducation groups within the Karen, Bhutanese and Oromo refugee communities. More than 580 mental health and social service providers participated in training sessions.

### New Tactics in Human Rights

New Tactics in Human Rights, a program that strengthens the work of human rights organizations, launched a new website making it easier for human rights defenders to find information, learn from

others and connect with colleagues. More than 93,500 individuals visited the New Tactics website to find information and ideas, or to participate in online discussions with other activists. New Tactics also expanded its work in the Middle East/North Africa region by launching an Arabic language website and building partnerships with human rights organizations in Egypt and Tunisia. In 2012, we reached 115 human rights defenders and organizations through in-person trainings.

### National Capacity Building Project

Through the National Capacity Building project we partner with 36 torture rehabilitation programs in 21 states to improve the quality and quantity of care to torture survivors. Last year we managed the HealTorture.org website, developed a three-part video series on Solution Focused Counseling, created a four-part video series on motivational interviewing and produced a curriculum for mental health evaluators. There was a 133% increase in the viewing of webinars, and the number of monthly visits to the website reached 1,000.

### Uganda

In Gulu, Uganda, Gabriele Marini continued his work training and mentoring local counselors who work with torture survivors. Thirty people from four partner organizations participated in 32 training sessions. Each week Gabriele visits a village to supervise and train counselors who are refining their skills and helping torture survivors reclaim their lives.

## **GUARDIAN – \$100,000+**

Anonymous (3)  
Open Society Foundations—  
Arab Regional Office  
Open Society Foundations—  
U.S. Programs  
Trust Fund for Victims,  
International Criminal Court  
United Nations Voluntary  
Fund for Victims of Torture  
U.S. Agency for International  
Development  
U.S. Department of Health and  
Human Services—Office of  
Refugee Resettlement  
U.S. Department of State—  
Bureau of Population,  
Refugees and Migration

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     Stanley  
 Albert Zweig

\*deceased

\*\* (gift in memory of Ruth W. Fales)



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Kathleen L. Agena  
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\*deceased

## RESTORING HOPE SOCIETY—Members make generous five-year pledges

### HEALING—\$10,000+ per year

Dr. Steven Miles

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Front Cover:

**Top photo:** © Amy-Jo Versolato. Children in village in Sierra Leone. CVT works with a partner torture rehabilitation center in Sierra Leone: Community Association for Psychosocial Services (CAPS).

**Bottom photo:** © Jeff Achen. The bracelets shown on cover photo were designed by an 8th grade student in Ohio, who made the bracelets to raise awareness among teenagers about the problem of torture worldwide. She made the bracelets using CVT's colors and added the heart as a symbol of love for torture survivors.



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