2012 ANNUAL REPORT

RESTORING THE DIGNITY OF THE HUMAN SPIRIT

The CENTER for VICTIMS of TORTURE
LETTER FROM THE EXECUTIVE DIRECTOR

It is truly an honor to write this letter as the executive director of the Center for Victims of Torture. For many years, I admired CVT’s work and I was privileged to join the organization in May 2012. I thank my predecessor, Doug Johnson, for building an organization filled with highly motivated, professional staff that bring hope and healing to thousands of people around the world.

I’m pleased to share with you some of our many accomplishments from 2012. Here are just a few highlights:

- We helped 2,126 individual men, women and children in Kenya, Jordan, the Democratic Republic of Congo and the United States find the strength to heal from their deep wounds and rebuild their lives, and brought hope to thousands of additional family and community members.
- Through training projects domestically and internationally, we supported the education and development of hundreds of health, mental health and human services professionals from more than 45 other organizations that join us in the work of healing torture survivors.
- We partnered with human rights organizations in Egypt and Tunisia and supported them with training programs to help them be more effective in their human rights and democracy-building work.

Your support makes this life-changing work possible. I thank you for your dedication, generosity and compassion. Together, we will continue to bring healing and hope to thousands of survivors around the world—and work to bring an end to torture.

With my deepest appreciation,

Curt Goering

OUR WORK ADVOCACY and OUTREACH

In 2012, CVT secured $25 million in federal funding for torture survivor programs in the United States and around the world. This funding enabled CVT and colleague groups to rebuild the lives of more than 50,000 survivors at projects worldwide.

We presented the Eclipse Award to the United Nations Voluntary Fund for Victims of Torture for its extraordinary impact on torture survivor centers worldwide. CVT also sponsored a briefing on Capitol Hill with the bi-partisan Tom Lantos Human Rights Commission, highlighting the value of the UN Voluntary Fund.

We created and distributed Torture Without Scars resource materials that describe the harmful effects of so-called “enhanced interrogation techniques” and launched the EIT=Torture project to encourage policy makers and the media to stop using euphemisms for practices that constitute torture or cruel, inhuman and degrading treatment.

Dr. Morad El-Shazly (center), with Curt Goering and U.S. Representative Keith Ellison, accepted the 2012 Eclipse Award on behalf of the UN Voluntary Fund. The UN Voluntary Fund was honored for its work funding torture rehabilitation programs internationally.
Advocacy and Outreach
We urged the Senate Select Committee on Intelligence to adopt its report on the CIA’s detention and interrogation program after September 11, 2001 and make the report public with as few redactions as possible. On December 13, 2012, the Committee voted to adopt the report and the classification review is pending.

OUR WORK HEALING

Minnesota

In 2012, we provided comprehensive rehabilitative care to 271 torture survivors, as well as information and referral services to more than 373 individuals. While 75 percent of our clients have left homes in Africa, we are seeing increasing numbers of torture survivors from South and Southeast Asia. To provide care to even more survivors, we secured funding to launch a partnership with a major health care provider to extend mental health and case management services to a group of Karen (Burmes e) refugees in a primary care clinic. Through our initial work, we know that the Karen refugee population has a torture prevalence rate of 30 percent. Our research staff will evaluate the impact of this project for its ability to improve patient outcomes and reduce health care costs.

Kenya

We continued our work in the world’s largest refugee camps outside of Dadaab, Kenya. Twenty-four refugees and local counselors led 17 counseling groups last year. These local counselors go door-to-door in the camp to talk about CVT’s work and identify the most severely traumatized people who then receive individual counseling. In 2012, we cared for 225 men and women living in Dadaab.

Jordan

In Amman, Jordan, we cared for 938 torture and war trauma survivors at our base clinic in Amman and through our mobile unit that travels to a nearby community. While continuing to provide care to Iraqi survivors, we are seeing increasing numbers of Syrians in urgent need of help. In addition to providing mental health and social services, our physical therapists are helping torture survivors reduce pain and improve mobility through both individual and group physical therapy sessions.

The Democratic Republic of Congo

After five years, we closed our healing project in the Democratic Republic of Congo (DRC) when funding expired. During our time in the DRC, we helped 4,800 people rebuild their lives. We also connected with nearly 30,000 Congolese through community and group events to increase understanding about the effects of torture and how people can care for themselves and help others. The project’s legacy includes 60 local counselors and psychology students who are now advocates, educators and trainers.
# THE CENTER FOR VICTIMS OF TORTURE STATEMENT OF ACTIVITIES

YEAR ENDED DECEMBER 31, 2012 AND 2011 (With Comparative Totals for 2011)

## SUPPORT AND REVENUE

### PUBLIC SUPPORT

<table>
<thead>
<tr>
<th></th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
<th>2011</th>
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<tr>
<td>Corporate</td>
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<td>Rebuilding Lives Campaign</td>
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<td>-</td>
<td>311,554</td>
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<td>Individual</td>
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<td>68,000</td>
<td>20,000</td>
<td>1,372,879</td>
<td>1,343,378</td>
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<td>Other institutions</td>
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<td>12,000</td>
<td>-</td>
<td>114,284</td>
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<td>U.N. Voluntary Fund</td>
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<td>586,967</td>
<td>-</td>
<td>586,967</td>
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<td>-</td>
<td>-</td>
<td>-</td>
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<td>Change in value of split interest agreements</td>
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<td>-</td>
<td>-</td>
<td>2,769</td>
<td>2,891</td>
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<td>Net assets released from restrictions</td>
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<td>(1,270,301)</td>
<td>-</td>
<td>-</td>
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<td>Total public support</td>
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<td>3,830,123</td>
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### REVENUE

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<tr>
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<th>UNRESTRICTED</th>
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<td>Program service revenue</td>
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<td>-</td>
<td>6,330,469</td>
<td>6,425,671</td>
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<td>Third-party billings</td>
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<td>516,183</td>
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<td>Speaking fees</td>
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<td>-</td>
<td>45,341</td>
<td>41,114</td>
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<td>Investment return</td>
<td>5,800</td>
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<td>-</td>
<td>5,800</td>
<td>3,136</td>
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<td>Miscellaneous revenue</td>
<td>111,591</td>
<td>-</td>
<td>-</td>
<td>111,591</td>
<td>33,372</td>
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<td>Total revenue</td>
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<td>-</td>
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<td>7,019,476</td>
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Total Support and Revenue: $10,311,443

### EXPENSES

#### PROGRAM SERVICES

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<th>UNRESTRICTED</th>
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<td>-</td>
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<td>-</td>
<td>1,321,901</td>
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<td>74,014</td>
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<td>618,434</td>
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<td>International services</td>
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<td>-</td>
<td>5,103,452</td>
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<td>Total program services</td>
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<td>-</td>
<td>8,674,810</td>
<td>8,337,818</td>
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Total Expenses: $10,362,758

#### SUPPORTING SERVICES

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<td>Fundraising</td>
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<td>698,103</td>
<td>704,493</td>
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<td>Management and general</td>
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<td>-</td>
<td>989,845</td>
<td>939,758</td>
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<tr>
<td>Total supporting services</td>
<td>1,687,948</td>
<td>-</td>
<td>-</td>
<td>1,687,948</td>
<td>1,644,251</td>
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</table>

Total Expenses: $10,362,758

Change in Net Assets: (51,315)

Net Assets, Beginning of Year: 2,433,605

Net Assets, End of Year: $2,382,290

*Complete financial statements are available at www.cvt.org*
Partners in Trauma Healing

Through the Partners in Trauma Healing (PATH) project, CVT supports the staff of ten torture rehabilitation centers around the world. The partner centers cover a geographic and cultural range from South Africa to Cambodia to Moldova. A five-day workshop brought together 18 participants from the partner centers to discuss clinical best practices that set the stage for healing. A new internet portal allows PATH participants to access videos, articles and other materials to share with their colleagues.

Healing in Partnership

The Healing in Partnership (HIP) project brings together refugee community leaders and mainstream health providers so torture and war trauma survivors can receive the mental health care they urgently need. Through a partnership with the University of Minnesota and the Minnesota Department of Health, the project has launched a screening tool to promote early identification of mental health problems caused by torture and war. During 2012, we developed manuals for facilitators of psychoeducation groups within the Karen, Bhutanese and Oromo refugee communities. More than 580 mental health and social service providers participated in training sessions.

New Tactics in Human Rights

New Tactics in Human Rights, a program that strengthens the work of human rights organizations, launched a new website making it easier for human rights defenders to find information, learn from others and connect with colleagues. More than 93,500 individuals visited the New Tactics website to find information and ideas, or to participate in online discussions with other activists. New Tactics also expanded its work in the Middle East/North Africa region by launching an Arabic language website and building partnerships with human rights organizations in Egypt and Tunisia. In 2012, we reached 115 human rights defenders and organizations through in-person trainings.

National Capacity Building Project

Through the National Capacity Building project we partner with 36 torture rehabilitation programs in 21 states to improve the quality and quantity of care to torture survivors. Last year we managed the HealTorture.org website, developed a three-part video series on Solution Focused Counseling, created a four-part video series on motivational interviewing and produced a curriculum for mental health evaluators. There was a 133% increase in the viewing of webinars, and the number of monthly visits to the website reached 1,000.

Uganda

In Gulu, Uganda, Gabriele Marini continued his work training and mentoring local counselors who work with torture survivors. Thirty people from four partner organizations participated in 32 training sessions. Each week Gabriele visits a village to supervise and train counselors who are refining their skills and helping torture survivors reclaim their lives.
GUARDIAN — $100,000+
Anonymous (3)
Open Society Foundations—Arab Regional Office
Open Society Foundations—U.S. Programs
Trust Fund for Victims, International Criminal Court
United Nations Voluntary Fund for Victims of Torture
U.S. Agency for International Development
U.S. Department of Health and Human Services—Office of Refugee Resettlement
U.S. Department of State—Bureau of Population, Refugees and Migration

CAREGIVER $5,000-9,999
Anonymous (4)
Bradley Abelow and Carolyn Murray
Ameriprise Financial
Jill Conda and Mark Jacobson
Robert A. Cook
Julianne Cory
Ned Crosby and Patricia Benn
Delta Dental of Minnesota
The Fair Share Foundation
Faith, Hope & Love Foundation, Tim and Jill Geoffrion
Curt Goering
Nancy J. Feldman
David B. Gold Foundation
Douglas A. Johnson and Kathryn Sikkink
Neil and Connie Letts
B. John and Sarah B. Lindahl Jr.
Connie Magnuson and Chuck Foley
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The Next Generation Fund of the Hugh J. Andersen Foundation
Pierce Family Foundation
Ellen L. Posel
Frances Posel
Sharon K. Richards
Aldo Scafati
Sisters of St. Joseph of Carondelet
Emil and Emily Slowinski
Paul Stein
Lee and Peggy Zeigler

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Anonymous (17)
Valerie Ackerman
Bernard and Marcia Altman
Patti Andreini Arnold and Jim Arnold
Babette and Jeffrey Apland
Dan and Mary Armour
Robert Ashworth
Asian Pacific Endowment
Marilyn J. Benson and Tim Wulling
Dr. Richard M. and Carol M. Bergenstal
Donald Berryman
Bethlehem Lutheran Church
Dr. Michael Bianco
Jennifer Record Bishop
Thelma Boeder
Joseph Borodach
Clark and Mia Bremer
Carroll C. Brooks
George and Jo Ellen Bunce
Lou and Allan Burdick
John and Sonia Cairns
Scott G. Campbell
Catherine Caneau
Champlain Valley Unitarian Universalist Society
Paul and Elizabeth Chmelik
Lynn A. and Kate W. Christianson
Steve D. and Christine H. Clemens
Janet Conn and Mike Debelaak
Charles M. Converse
Sam Crawford and Anna DiLelio
Dena Davis
Margaret B. Davis
William Davis
Paul Dooley and Winnie Holzman
Nancy Dotterer Field
Shannon Downey
Dianne L. Eberlein
Arthur Efron
Evan M. Fales
Wally and Cecy Faster
Diane Fisher and John Hovde
First Unitarian Society
The Connie J. Foote Fund of The Saint Paul Foundation
The Charlotte Forsythe Fund of Headwaters Foundation for Justice
The Franklin Fund
Barbara Friedberg
Morris Friedell
Patricia Gertz
William Thomas Gibbons
The George Golden and Deanna Louie Fund
Marcy Goldenberg
Siana Goodwin
Lucille Goodwyne
Janny Schall Gothro and Geoffrey A. Gothro
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Danny Hall
Janet Maureen Harris
Dr. Oliver Hart and Dr. Rita Goldberg
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Cindy J. Kaiser
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Karuna Foundation
Kelen Family Foundation
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Frank Kendall
Kinnikinnick Farm
Anne Knauff
Marily Kay Knieiemer
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Venetia and Bob Kudrle
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Elsa R. and Philip Lichtenberg
Lorraine Lyman
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Anne E. Mahle and David McCarthy
David Martin Agency Inc.
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Sally and Jim Martineau
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Mary McVay
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Jane Newman and Amy S. Lange
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Zeese Papanikolas
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Rebecca Pearson
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R. G. Solbert
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Mark and Mary Ellen Stinski
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Evelyn J. Swenson
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Western Bank
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Winky Foundation
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Robin and Dave Wright
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**PROTECTOR—$500-999**

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Tracy Bennett
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Paul and Bridget Carns
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Jean and Richard Clarke
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Wallingford
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Kenneth and Margaret Conrow
C. Scott Cooper
Karen Cooper
Margaret Cosgrove
Florence and Irwin Cromwell
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Lana Davis
Ralston and Miriam Deffenbaugh Jr.
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Peter Dross
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Nicholas and Mary Eloff
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Esme Evans
Fabricon Foundation, Lawrence Bogolub
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Don Fanslow
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Barbara A. Frey
John Fries
R. Harold Garrett-Goodyear
Elizabeth and Homer Goldberg
Frederick Grant
Stuart and Corrieanne Graves
The Grodzins Fund
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Dana S. and Mary E. Grubb
Birgit and Grant Grundler
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Nancy and Robert Halagan
Margaret Harris and Philip Straus
John Herbert
Mark T. and Jean Hoffman

Holy Trinity Catholic Church
Shared Fund
Petch Howitz and Selga Petersson
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Phyllis and Donald Kahn
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Chi-ting Li
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Marvin and Jane Maas
Kathi Austin Mahle
Cheryl Mairs
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Sandy and Arthur Matas
Deborah McCarl
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Malcolm and Wendy McLean
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Minnesota Valley Unitarian
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Beth Nelson
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Dorothy Ogrodowczyk
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Alexander Perrotti
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Pfingsten Partners LLC
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Pat Pogue
Lillian Pollak
Anne Posel
Dr. Paul G. Quie

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Lynn Radunz
Robert and Emily Reed
Deborah and Jane S. Rinehart
Deborah Roseler and John Kephart
Mary Rogers
James Ron and Emma Naughton
Clare Rosenfield
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Eugenia Rowe
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Susan Sarandon
Arlie W. Schardt
Karen and Terence Schmitz
Gary Schoener and Katherine Gray
Judy and Ed Schuck
Philipp Schuman
Renata M. Schwebel
Irwin and Renee Shishko
Allene and Bob Sieling
Sisters of St. Joseph
Sisters of the Divine Savior
Victor Soto and S & D Contractors
Ted Spooner
David Stamps and Susan Tarnowski
Dr. David and Catherine Driscoll Stangland
Pamela Pappas Stanoch
Le Anne Stenberg
John and Sue Stillman
Helen Strand
Jeanette Sullivan and Gregg Shadduck
David and Rachel Sullivan-Nightengale
Carol Sundberg
Don W. Taylor
Murray Tobak
Joseph Towle
Paul and Joanne Trapanese
Jackie Viecili
Richard and Lynn Voelbel
Joanne Von Bion
Florence Wagner
Karla Wetherby
Patrick Wheeler
Julie G. White
Frank and Frances R. Wilkinson
Sandra Wolens
William J. Wolfe
Chic Wolk
Eleanor and John Yackel
Nathan Zerbe and Ms. Joan Nichols
Loretta Zook-Stanley and Joe Stanley
Albert Zweig

*(gift in memory of Ruth W. Fales)*

**deceased**
DOUGLAS A. JOHNSON CIRCLE—Members include CVT in their estate plans

Anonymous (5)
Helen S. Ackerman
Alfred Appel
Kathleen L. Agena
Evelyn Aiken
Nancy Alexis
Polly Andres
Thelma Boeder
Hazel E. Burgess
Janice K. Burrell
James Callahan
Robert A. Cook
Mike Debelak and Janet Conn
Lydia DeRoberts
Steve Drebren
Maryam Elahi
Nancy J. Feldman
George Golden and Deanna Louie
Siana Goodwin
Kathleen Hanold
Ruth Harris
Alfred and Ingrid Lenz Harrison
Merry Harsh
Earl and Joyce Hauge
Aaron and Claire Hornstein
Rachel Hughes
Carol Rae Jaspersen
Ben Kohler
Perry Kohn
Venetia and Bob Kudrie
Nancy Lane
John Leinenweber
Bonnie and Dennis Limbach
Diane Link
Deon and Jacque Lotter
Rev. Richard Lundy
Maurice Mandell and Rebekah Gisnet Trust
Dolly J. Marshall
Carleton and Elizabeth M. McCambridge
Dr. Steven Miles
Michael H. Miller Jr.
Dorothy Njegovain
Barbara Novak
Mary K. O’Leary Trustee and Emily O. Stibby Estate
Phyllis and Gregory Owen
Rosemary E. Pohl
Elizabeth H. Pollak
Nancy Posel
Lindsay Ralphs
Jack Rendler and Ruth Barrett Rendler
Holly Rodin and Andrew Calkins
Keith R. Ross
Aldo Scafati
Katherine Schafer
Diane Steen-Hinderlie
Evelyn Stern
Edith Streif
Alma Weisberg
Ginia Davis Wexler
Susan Bidwell Wright
Patrick Young
Lee and Peggy Zeigler
Sally and Steve Zorich
*deceased

RESTORING HOPE SOCIETY—Members make generous five-year pledges

HEALING—$10,000+ per year
Dr. Steven Miles

DIGNITY—$5,000-9,999 per year
Ned Crosby and Patricia Benn
Nancy Feldman
Barbara Forster
Nor Hall and Roger Hale
Rev. Richard Lundy
Dobson and Jane West

HOPE—$1,000-4,999 per year
Marilyn Benson and Tim Wulling

Jennifer Reedstrom Bishop
Lou and Allan Burdick
John and Sonia Cairns
Sage Fuller Cowles
Bob and Carolyn Cuthill
Cecy and Wally Faster
Pat Gertz
Lucille Goodwyn
Janny Schall Gothro and Geoffrey A. Gothro
Douglas A. Johnson and Kathryn Sikkink
Jerry and Andrea Knutson
Venetia and Bob Kudrie
Connie Magnuson and Chuck Foley
Anne Mahle and David McCarthy
Mary McVay

Ruth Mickelsen and William Manning
Leni and David Moore, Jr.
Bill and Susan Sands
Valerie and Ed Spencer
Pamela Pappas Stanoch
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Front Cover: © Amy Jo Versolato. Children in village in Sierra Leone. CVT works with a partner torture rehabilitation center in Sierra Leone: Community Association for Psychosocial Services (CAPS).
Bottom photo: © Jeff Achen. The bracelets shown on cover photo were designed by an 8th grade student in Ohio, who made the bracelets to raise awareness among teenagers about the problem of torture worldwide. She made the bracelets using CVT’s colors and added the heart as a symbol of love for torture survivors.