



The  
CENTER for  
VICTIMS of  
TORTURE

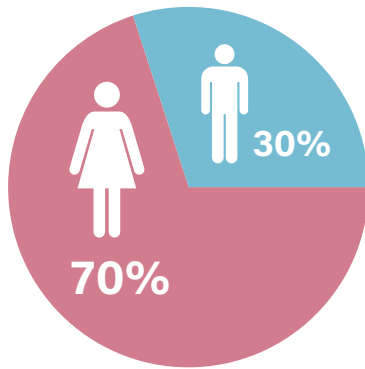
# CVT UGANDA

## Client Demographics Over the Years



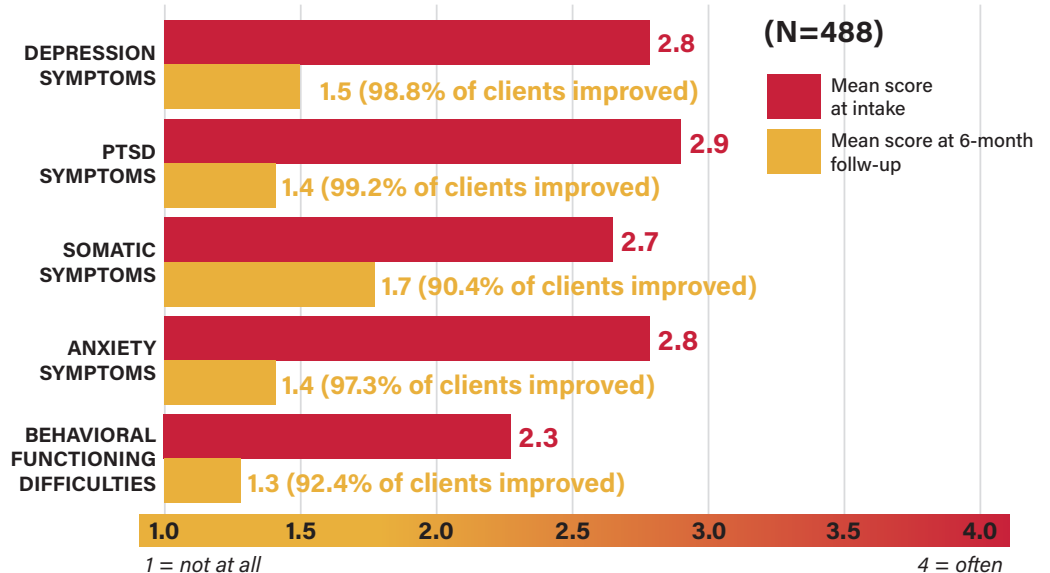
Since 2009, the Center for Victims of Torture (CVT) has worked closely with local non-governmental organizations (NGOs) and educational and health-related institutions in northern Uganda to enhance psychological assistance services for survivors. The overall purpose of the project has been to:

- Provide survivors of LRA conflict-related torture and violent trauma with high-quality, effective, direct mental health rehabilitation services. CVT clients receive small group counseling in Gulu and surrounding communities, meeting weekly for about ten weeks;
- Increase the capacity of mental health services in northern Uganda by providing mental health clinical training, mentoring, and supervision to local counselors. CVT delivers clinical capacity-building trainings and on-site supervision for locally-hired CVT counseling staff and partners' staff and has developed a 10-month certificate-level trauma rehabilitation curriculum, dually accredited by CVT and Makerere University's School of Psychology since 2014.



### SYMPTOM IMPROVEMENT AMONG CVT GULU COUNSELING CLIENTS

Data collected from 1,031 individuals from May 2015 to October 2019



**100%**  
are SURVIVORS  
OF TORTURE EVENTS/  
EXPERIENCES

**13%**  
were CHILD  
SOLDIERS

**38%**  
reported SGBV

**62%**  
were victims of  
HUMAN TRAFFICKING

### CVT BIDI BIDI DEMOGRAPHICS:

August 2018 - October 2019

**324 beneficiaries** received  
Psychological First Aid (PFA)

**215 clients** received  
counseling services

**208 counseling clients**  
received PFA

**93%**  
are WOMEN

**10%**  
are SGBV  
SURVIVORS

**72%**  
are TORTURE  
SURVIVORS