



The
CENTER for
VICTIMS of
TORTURE

(3) IDREAM Application Questions

Please apply to IDREAM in Submittable.

This document is FOR YOUR REFERENCE ONLY as you prepare your application in Submittable.

The IDREAM project requires participation from 10 INDIVIDUAL human rights defender (HRDs) living in exile or internally displaced within their home country.

Before you apply in Submittable, please make sure that you have read the other 2 documents in the application package:

(1) Call for Applications:

Details scope of project and some of the main application requirements

(2) Guidelines and Instructions:

Guidance on completing and submitting the application in Submittable

Guidelines and Instructions for Applicants to the IDREAM Project

Deadline and Application Requirements

The deadline for submission of applications is **11:00 pm (23:00) CST on 30 November 2022**. Late applications will not be reviewed. You are encouraged to apply as early as possible.

- **Applications must be completed in English.**
- **Applications must be submitted online on Submittable**
- **Do not submit your application by e-mail or by any other method.**

If you are unable or unwilling to use Submittable, please contact CVT at the e-mail address below as soon as possible. CVT cannot guarantee that an alternative option to apply to IDREAM will be possible within the timeframe of the deadline.

Who should complete the application?

The goal of the IDREAM fellowship is to support individual HRDs living in exile. HRDs living in exile who still work with a human rights organization are welcome to apply, but note that this IDREAM fellowship's primary goal is to support individual activists and not organizations. Other important eligibility information is listed in the Call for Applications. Carefully review the Call for Applications before you apply to IDREAM.

Your contact information

Due to security concerns, IDREAM prefers to communicate the status of your application via "Signal," an app that you can have on your phone and on your computer. Please see the instructions below for obtaining a Signal account before you start your application online. Please note: CVT is not affiliated with Signal.

Letters of Recommendation

You are encouraged (but not required) to attach 1 letter of recommendation from a partner, network, or other relevant individual or organization that know your work well. This letter should describe how the writer of the letter is familiar with your work and why that individual is recommending that you participate in the IDREAM project. The letter of recommendation must be written in English.

Application Tips

- Answer questions thoroughly
- It is in your best interest to respond completely and fully to all questions.
- Incomplete applications may be disqualified.
- Most narrative questions have strict character limits, which includes spaces and punctuation. Please be precise with your answers.
- The application will automatically save every few seconds as you are working. If you would like to leave the application and return later, please click the "Save Draft" at the bottom of the page.
- Applicants are encouraged to apply early to allow for the timely resolution of any technical issues.

Review process and timeline

- This application is the first stage of a competitive application process.
- When applicants submit their application online, you will receive an email stating that the application has been successfully submitted. This is your confirmation that CVT has received your application.
- Applicants who pass the first review stage will continue to the second review stage. All applicants (successful and unsuccessful) will be informed of whether they have been accepted into the second review stage.
- Final selection of partners to join the IDREAM project will take place at the end of the second review stage. The second review stage ends in January 2023. All second stage applicants (successful and unsuccessful) will be notified of their application status at that time.
- Approximately 10 partners will be selected to join the IDREAM project. Determination of eligibility and selection of partners, including the waiving of any requirements or irregularities in applications, is at the sole discretion of the IDREAM application review committee (CVT staff and the donor to the project.) Many factors will be taken into consideration in the selection process, at the sole discretion of the IDREAM application review committee.
- Due to the large number of expected applications, CVT will not be able
- to provide detailed feedback on unsuccessful applications.

Online Application Instructions

The online application form on Submittable comprises 8 sections and will take on average 2 - 3 hours to complete. You do not need to complete the entire application in one session. The 8 sections are:

- **Section 1: Applicant Background**
- **Section 2: Exile History, Other**
- **Section 3: Advocacy**
- **Section 4: Resilience**
- **Section 5: Integrated Security**
- **Section 6: Technology**
- **Section 7: Financial Background**
- **Section 8: Letters of Recommendation**

Before starting your application online: Signal Account

Secure communications: Security in communications is very important. Before starting your application online, please establish a Signal account if you don't already have a Signal account. You may obtain a free Signal account through this link: <https://signal.org/>
Note that CVT is not affiliated with Signal.

All applicants who participate in the second review stage will be required to establish a Signal account before starting the second review stage.

Submittable

You will be required to create a free Submittable account (if you do not already have one) to complete and submit the IDREAM application. Please see a brief description of the security features of Submittable below.

You do not need to complete the entire application in one session.

How the information you provide is being used and stored

Information collected by CVT during this application process will be transmitted and stored in encrypted form by Submittable. Submittable is an encrypted platform that CVT uses to collect and store information. Information collected by CVT during this application process will be transmitted via encrypted secure socket layer technology (SSL) and encrypted in-transit and at-rest while stored in Amazon Web Servers via Submittable. CVT employees will have access to the application data for the purposes of review and partner selection. Finalists' information will be shared by secure means with the IDREAM donor for partner selection and confirmation.

Questions about the Application Process

Questions about the application process or guidelines may be addressed to: IDREAMinfo@cvt.org.

Please note that e-mails to this address are not encrypted, and use of this e-mail address is at the applicant's discretion. We advise people using this-mail address to not include details that might place them or their colleagues at risk.

- If you contact us through this e-mail address, we will presume it is acceptable for us to respond to you via unencrypted e-mail.
 - This e-mail address is monitored periodically only. It is very important that you submit any questions well in advance of the deadline.
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Acknowledgements

- I have read and understand the Guidelines and Instructions for Applications to the IDREAM Project.
- I understand that by submitting an IDREAM application, any information provided may be reviewed by United States Government Officials.

Eligibility - Please acknowledge that you meet the following eligibility criteria before completing the application*

- I have an established commitment to and track record of activism or advocacy.
- I have been living in exile from my established residence (country or city/town/district of residence) due to my activism or advocacy work. I recognize competitive applicants will have been living in exile for at least 10 months at the time of application.
- I am able to accept, track, and report on funds received over the course of the project.
- I am able and willing to participate in the project throughout the project's duration from April 2023 through November 2024.

You must satisfy all four requirements to be considered for the IDREAM Project.

I. Application Section: Applicant Background

1. What is your primary international identification or travel document? *

- Passport
- Other document

2. Do you have any passports apart from your primary international identification or travel document? *

- Yes
- No

3. IDREAM welcomes applications from all eligible applicants, regardless of gender at birth, current gender, or sexual orientation.

How would you describe your gender identity? *

- Woman
- Man
- Non-binary
- In another way (fill in below):
- Prefer not to say

What is your sex listed in your primary international identification or travel document? *

- Female
- Male
- Another Option (fill in below):
- Prefer not to say

4. Are you an adult (a person who is 18 years of age or older)?*

- Yes
- No

5. IDREAM plans to invite partners to attend international workshops. The locations will be determined at a later date.

Are there any restrictions on your ability to travel outside the country where you currently live? *

- Yes
- No

What countries are you unwilling to travel to? *

Will international travel jeopardize your immigration status?*

- Yes
- No

6. Are you comfortable communicating with CVT via unencrypted email? (Please note that starting in the second review stage, we will use Signal exclusively to communicate with applicants).*

- Yes
- No

7. CVT needs to communicate with applicants but recognizes that some methods of communication may pose a security risk to some applicants. How can we best communicate with you?

Note that we will be using Signal starting in the second review stage. Please list as many acceptable ways of communicating with you as possible. This may include preferred email addresses, telephone numbers, WhatsApp or additional Signal numbers, as appropriate. By completing this application, you acknowledge that there are different levels of risk associated with each communication form.

Primary Email Address*

Secondary Email Address

Alternative Communication Method and Information

8. Please create a Signal account to facilitate secure communication.

If you need help creating a Signal account please refer to the "Guidelines and Instructions for Applicants to the IDREAM Project".

Once you have a Signal account, please list that number here: *

9. Participants in IDREAM will work with human rights defenders from all over the world. Because of this, the IDREAM project will be conducted in English and therefore participants must be able to read, write, speak, and understand English.

Please indicate your self-assessed level of English ability in the following areas:

Reading*

- 1 - Beginner: I cannot communicate in English.
- 2 - Elementary: I say and understand a few things in English. I communicate simply in familiar situations but only with some difficulty.
- 3 - Intermediate: I communicate in English with a little difficulty. I still make quite a lot of mistakes and misunderstand sometimes.
- 4 - Advanced: I communicate in English very well but sometimes have problems with unfamiliar situations and vocabulary, or being understood.
- 5 - Fluent: English is my mother tongue or I am completely fluent in English.

Writing*

- 1 - Beginner: I cannot communicate in English.
- 2 - Elementary: I say and understand a few things in English. I communicate simply in familiar situations but only with some difficulty.
- 3 - Intermediate: I communicate in English with a little difficulty. I still make quite a lot of mistakes and misunderstand sometimes.
- 4 - Advanced: I communicate in English very well but sometimes have problems with unfamiliar situations and vocabulary, or being understood.
- 5 - Fluent: English is my mother tongue or I am completely fluent in English.

Speaking*

- 1 - Beginner: I cannot communicate in English.
- 2 - Elementary: I say and understand a few things in English. I communicate simply in familiar situations but only with some difficulty.
- 3 - Intermediate: I communicate in English with a little difficulty. I still make quite a lot of mistakes and misunderstand sometimes.
- 4 - Advanced: I communicate in English very well but sometimes have problems with unfamiliar situations and vocabulary, or being understood.
- 5 - Fluent: English is my mother tongue or I am completely fluent in English.

Understanding spoken English*

- 1 - Beginner: I cannot communicate in English.
- 2 - Elementary: I say and understand a few things in English. I communicate simply in familiar situations but only with some difficulty.
- 3 - Intermediate: I communicate in English with a little difficulty. I still make quite a lot of mistakes and misunderstand sometimes.
- 4 - Advanced: I communicate in English very well but sometimes have problems with unfamiliar situations and vocabulary, or being understood.
- 5 - Fluent: English is my mother tongue or I am completely fluent in English.

Do you need any adjustments or reasonable accommodation that enable you to actively participate in the IDREAM Project? *

- Yes
- No

Please describe any accommodations you will need to help you learn and participate. *

II. Application Section: Exile History

1. IDREAM is for human rights defenders who are living in exile. Living in exile means that you were forced to leave the city, district, region, or country of your established residence to protect your safety or the safety of others, or due to threats against your safety or the safety of others. You do not need to have official exile immigration status to apply to IDREAM.

Are you currently living in exile? *

- Yes
- No

2. Please give details on the location of your established residence before you went into exile. Please give information on the city, state, region, district, and country. *

3. In what country do you live now? *

4. In what state, region, or district do you live now? *

5. In what city do you live now? *

6. How long have you been living in exile? *

- Less than 10 months
- 10 months – 2 years
- 2 years – 5 years
- More than 5 years

7. (Please answer below): Were you forced into exile due to your human rights advocacy work?

Some examples of why you may have been forced into exile due to your advocacy work include:

- You, your colleagues, or your family received threats related to your advocacy work.
- You feared for your safety or others' safety, because of your advocacy work.
- You or your colleagues, or your family experienced harassment, because of your advocacy work.

Were you forced into exile due to your human rights advocacy work? *

- Yes, I was forced into exile due to my human rights advocacy work.
- No, I am in exile, but I was not forced into exile due to human rights advocacy work.

8. Describe in detail the circumstances of your exile and why you went into exile. *

9. Describe in detail the role your advocacy work played in forcing you into exile? *

10. For how long did you conduct this advocacy work before you went into exile? *

- Less than 3 months
- 3 months - 1 year
- 1 year - 2 years
- More than 2 years

11. When you went into exile, you left your country, region, state or city of established residence (the place you fled). Currently, is it safe to return to the place you fled when you went into exile? *

- Yes, it is safe for me to return to the place I fled when I went into exile.
- No, it is not safe for me to return to the place I fled

12. Do you plan on living in exile for the foreseeable future? *

- Yes
- No

13. Is your current immigration status or residency in exile at risk due to your advocacy work? *

- Yes
- No

14. The IDREAM project is expected to last about 14 months, with an anticipated start date in April 2023. At this time, are you willing and are you able to participate in the project for the full 14 months? *

- Yes
- No

15. IDREAM is a fellowship project for individual human rights defenders living in exile. Some human rights defenders continue to work closely with a human rights organization or network, even while they are living in exile. Working with a human rights organization or network does not exclude you from applying to or participating in IDREAM. If you currently conduct advocacy work, do you conduct that work as part of a specific human rights organization or a specific human rights network? *

- Yes
- No

16. ACKNOWLEDGMENT: The goal of the IDREAM fellowship is to support individual HRDs living in exile. HRDs living in exile who still work with a human rights organization are welcome to apply, but note that this IDREAM fellowship's primary goal is to primarily support individual activists and not organizations.

I acknowledge that I understand that the primary goal of IDREAM is to support human rights defenders as individual activists and that IDREAM is not for the primary benefit of human rights organizations. *

III. Application Section: Advocacy

Please provide information on the main human rights advocacy area which you are addressing or interested in addressing: *

- Social/Cultural rights
- Political rights
- Economic rights
- Environmental rights
- Other (fill in below):

Besides your primary human rights advocacy area, are there any others you are addressing?

Your primary target group: *

- Women
- Children
- LGBTQI
- Indigenous Peoples
- People with Disabilities
- Political Prisoners
- Journalists
- Other (fill in below):

Besides your primary target group, are there any other target groups you work with?

Describe your advocacy experience regarding this issue: *

Has your area of advocacy shifted over time, or are you anticipating a future shift?

2. Are you still conducting advocacy work now? *

- Yes
- No

How is your current advocacy work impacted by your exile? *

IV. Application Section: Resilience

1. Your resilience as a Human Rights Defender in exile may be affected by many stressors.

Stressors may relate to:

- Physical health
- Psychological health (anxiety, depression, disorders etc.)
- Impact of traumatic experiences (unwanted or intrusive memories, nightmares, flashbacks, difficulty sleeping, emotional distress, loss of memory, feeling tense all the time, etc.)
- Geographical location
- Distance or falling-out from family or friends
- Distance or falling-out from human rights organizations, colleagues or professional networks
- Lack of community networks
- Threats to personal safety
- Constant personal or digital monitoring
- Blame, guilt or shame
- Competition for resources
- Work or education
- Finances
- Spirituality, religion, or culture
- Legal status or concern
- Other (please describe below)

a. Considering this, in the 3 boxes below describe up to three sources of stress that you experience in your life as a human rights defender living in exile, and for each one briefly describes how it impacts you:

What is the primary source of stress that you experience and briefly describe how it impacts you: *

What is the second source of stress that you experience and briefly describe how it impacts you:

What is the third source of stress that you experience and briefly describe how it impacts you:

Your resilience as a Human Rights Defender in exile may also be affected by many strengths/resources.

Strengths/resources may relate to:

- Physical fitness
- Emotional strength
- Ability to respond to traumatic experiences
- Geographical location
- Connection to family or friends
- Connection to human rights organizations or colleagues, or professional network
- Community networks Internal motivation (passion for human rights)
- Personal skills
- Security training and experience
- Work or education
- Finance
- Spirituality, religion, or culture
- Creativity and the Arts
- Legal status
- Other (please describe below)

b. Considering this, in the 3 boxes below describe up to three strengths or resources that you have in your life as a human rights defender living in exile, and for each one briefly describe how it helps you:

What is the primary strength or resource that you have in your life and briefly describe how it helps you: *

What is the second strength or resource that you have in your life and briefly describe how it helps you:

What is the third strength or resource that you have in your life and briefly describe how it helps you:

2. How true are these statements for you?

a. I have the time and energy to learn new things and to make changes in my life *

- 0 (not true at all)
- 1 (rarely true)
- 2 (sometimes true)
- 3 (often true)
- 4 (true nearly all of the time)

b. I am interested in learning about how I can improve my well-being *

- 0 (not true at all)
- 1 (rarely true)
- 2 (sometimes true)
- 3 (often true)
- 4 (true nearly all of the time)

c. I have the support of family, friends or colleagues, in my life *

- 0 (not true at all)
- 1 (rarely true)
- 2 (sometimes true)
- 3 (often true)
- 4 (true nearly all of the time)

d. I feel that difficult experiences in my past negatively impact my daily life and functioning *

- 0 (not true at all)
- 1 (rarely true)
- 2 (sometimes true)
- 3 (often true)
- 4 (true nearly all of the time)

e. I have physical health concerns that affect my wellbeing or my ability to function well on a daily basis *

- 0 (not true at all)
- 1 (rarely true)
- 2 (sometimes true)
- 3 (often true)
- 4 (true nearly all of the time)

f. I feel worried, nervous, anxious, or experience other emotional symptoms that affect my wellbeing or my ability to function well on a daily basis *

- 0 (not true at all)
- 1 (rarely true)
- 2 (sometimes true)
- 3 (often true)
- 4 (true nearly all of the time)

g. I would like to use my time in exile to advance human rights issues in my country or region of origin *

- 0 (not true at all)
- 1 (rarely true)
- 2 (sometimes true)
- 3 (often true)
- 4 (true nearly all of the time)

h. I believe that there are many things I can do to improve my safety *

- 0 (not true at all)
- 1 (rarely true)
- 2 (sometimes true)
- 3 (often true)
- 4 (true nearly all of the time)

i. I think it is important to invest time and energy in my own security even though the people I want to help are living in insecure circumstances. *

- 0 (not true at all)
- 1 (rarely true)
- 2 (sometimes true)
- 3 (often true)
- 4 (true nearly all of the time)

j. I believe that my well-being directly impacts the success of my advocacy work *

- 0 (not true at all)
- 1 (rarely true)
- 2 (sometimes true)
- 3 (often true)
- 4 (true nearly all of the time)

k. I am interested in connecting with and learning from other HRDs who might be very different from me *

- 0 (not true at all)
- 1 (rarely true)
- 2 (sometimes true)
- 3 (often true)
- 4 (true nearly all of the time)

l. I have established or potential connections with individuals or organizations that could advance my advocacy work *

- 0 (not true at all)
- 1 (rarely true)
- 2 (sometimes true)
- 3 (often true)
- 4 (true nearly all of the time)

V. Application Section: Integrated Security

1. Please describe any training(s) that you have had in digital and/or physical security during the last three years. * Who provided it? What topics were covered?

2. Please provide a brief description of any digital and/or physical security practices that you use regularly to protect yourself or your work. * Such as encrypting devices, sensitive files or emails, using a password manager, using a VPN, practicing situational awareness, preplanning escape routes and safe hiding places, and conducting routine check-ins with colleagues.

3. What are the greatest security concerns that you face while living in exile? *

4. Please describe anything you have done to address these concerns. *

5. What security concerns, if any, do you have about participating in the IDREAM project? *

Personal Benefit Statement

Thinking about these three areas of resilience, integrated security and advocacy, how do you believe you would benefit from the IDREAM project? *

VI. Application Section: Technology

1. How familiar are you with the following types of technology or computer applications?

a. Video Conference (for example: Zoom, Microsoft Teams, or similar) *

- Not at all familiar
- Somewhat familiar
- Very familiar

b. Email (for example: Gmail, Tutanota, Hotmail, or similar) *

- Not at all familiar
- Somewhat familiar
- Very familiar

c. Messaging apps (for example: Whatsapp, Signal, Telegram, or similar) *

- Not at all familiar
- Somewhat familiar
- Very familiar

d. eLearning platform used for online classes or training (for example: Canvas, LearningPool, Skillcast, KnowledgeHub LMS, Desire to Learn, or similar) *

- Not at all familiar
- Somewhat familiar
- Very familiar

e. Microsoft Word *

- Not at all familiar
- Somewhat familiar
- Very familiar

f. Microsoft Excel*

- Not at all familiar
- Somewhat familiar
- Very familiar

g. Attending webinars*

- Not at all familiar
- Somewhat familiar
- Very familiar

2. How would you describe your access to the Internet? *

- My internet connection is very reliable
- My internet connection is fairly reliable, but I experience periodic interruptions
- My internet connection is not very reliable, there are frequent interruptions
- My internet connection is poor - I often have a hard time accessing or maintaining a connection
- I cannot connect to the internet

3. How would you describe your Internet speed when connected? *

- My internet is usually fast and strong enough to stream video
- My internet speed is usually sufficient for listening to audio, but streaming video is difficult
- My internet speed is usually slow - we can "surf the web" but it takes a long time to download documents or view image
- My internet speed is unpredictable - it is difficult to search the internet
- Sometimes my connection is so slow it is difficult to send an email

4. What is the primary way you connect to the internet? *

- Private internet (WIFI or wired)
- Mobile data or hot spot
- Public internet (WIFI or internet cafe)

5. How would you describe your access to a working computer? *

- I always have access to a working computer
- I usually have access to a working computer
- I sometimes have access to a working computer or I have access to a computer that I share with someone else
- I never have access to a working computer

How many years old would you estimate that this computer is? *

6. When you have problems with technology, how do you usually solve the problems? *

7. What do you consider your greatest area of need with regard to technology? *

VII. Application Section: Financial Background

These questions ask about your experience in working with financial matters.

A range of answers are acceptable in this section, and your answers will help determine the level of capacity development that may be necessary for participants in the IDREAM project.

1. Do you have experience creating a budget? *

- Yes
- No

2. Do you have experience with tracking or managing expenses? * This could be personal or for a specific project.

- Yes
- No

3. Do you work with an advisory board or mentor (select all that apply)? *

- Yes - Advisory Board
- Yes - Mentor
- No

How frequently do you meet with them? *

In what areas is the advisory board and/or mentor providing guidance or support?

4. Do you have experience with using a financial accounting system (manual ledgers, spreadsheet software, or computerized finance system) that can track expenses paid for with grant funds? *

- Yes
- No

5. Do you have experience in working with written policies and procedures that govern finances and/or operations? This can be work that you have done in an organization or by yourself. *

- Yes
- No

6. What are the main sources of revenue that fund your advocacy work? *

7. Are there any donors or funding sources from whom you are not willing to accept funds? *

- Yes
- No

8. Are you or have you been excluded, suspended, or prohibited from receiving funds from any funding source or donor? *

- Yes
- No

9. Are you aware of any rules or laws that would limit your ability to receive funds from a source outside of the country where you live now? *

- Yes
- No

10. Do you have a bank account that can accept funds to support your advocacy work? *

- Yes
- No

Please explain how you could receive funds to support your participation on the IDREAM project.

11. Are you currently involved in any lawsuits? *

- Yes
- No

VIII. Application Section: OPTIONAL: Letter of Recommendation

You may submit one letter of recommendation from a partner, network, or other relevant individual or organization that knows your advocacy work well. This letter must be written in English and should describe how the letter writer is familiar with your advocacy work and why they are recommending you participate in the IDREAM project. (Doc, Docx, and PDF files accepted).

How did you hear about the IDREAM project? *

- Direct email or CVT distribution list
- Search Engine (For example, Google).
- Twitter
- Facebook
- Instagram
- A post from a friend on social media
- A Human Rights related network or organization
- From a friend, colleague, associate
- Government entity (Embassy, State Department, etc.)
- Other (fill in below):

Please select all that apply.

I certify that the information I provided in this application is true and correct to the best of my knowledge. *