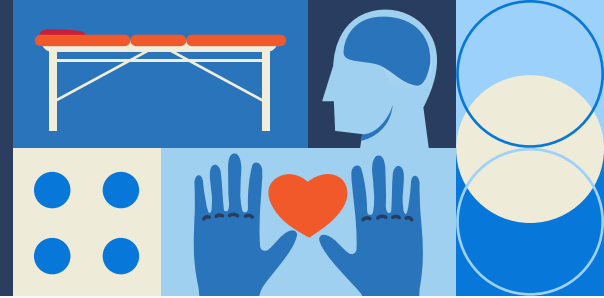


TCI-Massage Case Studies



This series presents three case studies selected to illustrate different ways participants experienced positive outcomes from TCI-Massage within the study. They represent diverse ages, genders, educational background, trauma histories, clinical presentations, and treatment trajectories.

Each case was developed using multiple sources of study data, including consultation with service providers, participant exit interviews, clinical assessment data collected during the study, and relevant information documented in the electronic health record. These materials were reviewed and synthesized to produce a narrative description of each participant's experience over the course of treatment.

Several procedures were used to protect participant confidentiality. All names were replaced with pseudonyms. Identifying demographic details, aspects of trauma history, and descriptions of sustained injuries were modified to prevent identification of individual participants. These changes preserve the overall clinical context and meaning of the cases while protecting participant identities.

Direct quotations from participants were retained to preserve the participant voice. Quotes were edited only for clarity or minor grammatical adjustments. Descriptions of patterns observed across massage sessions and the overall course of treatment were preserved in order to accurately represent the therapeutic process.

Case narratives were reviewed with massage therapists, other clinicians involved in client care, and the intervention supervisor for this project to ensure that the descriptions accurately reflected the therapeutic process and clinical context. A clinic manager conducted an additional review to confirm that cases were fully de-identified.

All study data collection and secondary analysis used in the development of these case studies were approved by the University of Minnesota Institutional Review Board. Study participants consented to the use of de-identified data for research dissemination.



➔ [Learn more about the research: cvt.org/what-we-do/advancing-research/](https://cvt.org/what-we-do/advancing-research/)